Notes from Age Friendly Communities Webinar (slides attached separately)

Hello,

Thank you for attending today's Introduction to Age-friendly Communities webinar. We were delighted to have so many engaged attendees join us.

Please do respond to this email if you are interested in working to make your place an agefriendly community - we would be happy to have a conversation with you over the coming weeks.

### Resources from today

Please find the session's slides attached, with the materials and resources we mentioned listed below.

If you'd like to find out about more upcoming learning opportunities with the UK Network of Age-friendly Communities, please sign up to receive our newsletter or get in touch at afc.network@ageing-better.org.uk.

#### **General resources:**

- Website: The Centre for Ageing Better
- Webpage: <u>UK Network of Age-friendly Communities</u>
- Image library: Ageing Better's free image library
- Report: The State of Ageing in 2022

# Introduction to the WHO Age-friendly Communities framework:

- Webpage: WHO Age-friendly Cities Framework and history of AFC
- Guide: WHO Global Age-friendly Cities: A Guide
- Video: Age-friendly Communities
- Webpage: The eight domains of age-friendly

### Introduction to the UK Network of Age-friendly Communities and case studies:

- Webpage: Age-friendly Manchester webpage and twitter account
- Video: What does age-friendly mean to you? with age-friendly leads
- Age-friendly case study: <u>Isle of Wight- improving services for older customers</u>
- Age-friendly case study: Nottingham's Take a Seat campaign

## Links from the Q&A:

- Report: Leeds State of Ageing
- Article: How a bus journey in Leeds adds ten years to your life
- Guide: Developing a local State of Ageing report
- Report: Good Home Inquiry
- Walkability toolkit: Age-friendly Ireland (pages 31-36)

### **Training recordings:**

- An Introduction to Age-friendly Communities (High level overview of the programme)
- Developing your Age-friendly Community (Stage One: Engage and Understand)
- <u>Plan and Act for your Age-friendly Community</u> (Stages Two and Three: Plan Strategically, Act and Implement)

#### **Next steps:**

• Guide: <u>Becoming an Age-friendly Community</u>

- Contact: <a href="mailto:charlotte.lewis@ageing-better.org.uk">charlotte.lewis@ageing-better.org.uk</a> if you are interested in supporting your place to become age-friendly
- Feedback and follow up: <u>Complete the survey</u> to let us know how you found the session and leave your contact details for a follow up

Please share with your colleagues and help to grow the #AgeFriendlyUK movement!

Looking forward to welcoming you in the future,

Charlotte

#### **Charlotte Lewis**

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